

Elk Point REVIEW

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Tuesday, March 10, 2009

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PM40069240 R10645

'Aunt'

To visit Allied Arts

Page 3

Hockey stars

Off to provincials

Page 5

FGM brings home
hardware

...Page 7



Vicki Brooker photo

Elk Point United Church Youth Choir extended their ministry in music further afield last Friday evening, when they took part in the World Day of Prayer ecumenical service at St. Michael's Roman Catholic Church. Back row, left to right, are Brooke Gormley, Tia Lowry, Jenna Corbiere and director Holly Myshaniuk; front, left to right: Morgan Nelson, Olivia Leaf, Jesse Theriault. See story on Page 9.

Chamber executive finally back to full strength

By VICKI BROOKER
Review Staff

For the first time in over a year, the Elk Point Chamber of Commerce is facing the future with a full slate of executive.

Vice-president Lesia Porcina, who has filled a second role as treasurer since the February 2008 annual meeting, told the chamber last Wednesday that she was "so excited to report that Debra McQuinn is our new treasurer."

There was more good news for the chamber at last week's meeting as well.

Peter Bednarchuk of Bedco Drafting and Design, St. Paul, displayed the artist's concept of the EcoCentre, with exterior views from several directions, ready for the chamber to display at last evening's Town of Elk Point open house. Bednarchuk also took interested members on a virtual tour of the interior of the facility, via his laptop computer.

Dwayne Yaremkevich reported on prices received from Andy Viel for the required solar and wind power and solar heating components, with these prices coming in substantially lower than the chamber had originally estimated. Viel estimates that the 12 solar heating panels, to be mounted on the south side of the roof and connected to a water storage tank under the slab floor of the office portion of the structure, will pay for themselves in four to five years, in savings from conventional natural gas heating.

The building project will go to tender this week, with tenders closing April 17, and Yaremkevich predicts that, "there may be a lot of tender documents coming in."

Town manager Myron Goyan estimates that groundbreaking for both the EcoCentre and the town's new fire hall will take place about May 15.

Economic development coordinator Bob Bezpalko told the chamber that town council has approved a pair of large signs for the business and industrial park, which also highlight the location of the Northern Lights Library System headquarters and the new Arts and Leisure Centre, to be installed this spring.

(Continued on Page 2)

Alberta Council on Aging meets in Elk Point

By VICKI BROOKER
Review Staff

The Alberta Council on Aging held their regional meeting in Elk Point on Feb. 27, with close to 50 people on hand.

The ACA is a provincial seniors' non-profit organization with the mission to maintain or improve the quality of life for seniors and to encourage their full participation in all aspects of society.

Minister of Municipal Affairs Ray Danyluk addressed seniors' concerns at the Region 2 meeting of the Alberta Council on Aging in Elk Point.

"We do need a voice for seniors, and I truly believe the ACA is the best link," former ACA director Edith Read of St. Paul said.

The province is broken into nine zones, with this area being Zone 2. "It's a large region geographically, but small in population. We meet regionally four times a year, if possible," Read said.

Read was the Zone 2 director until last October, a position which is currently open, and was elected regional president at the Feb. 27 meeting, with Sandy Kummertz of Elk Point as secretary-treasurer.

In her director's report, Read spoke on the proposed Alberta Pharmaceutical

Strategy, which will redesign drug coverage for seniors, with low income seniors not paying for drug coverage, while those with higher incomes paying on a deductible based on their income. She has two concerns with the plan.

"If a program like this goes into place, every pharmacy will know your income. And I think we need to push for free medication for low income seniors, but I don't like the steep increases that occur when a person reaches the cutoff amount."

Read noted that the Minister of Health has indicated the deductible amounts may be changed prior to implementation of the plan.

(Continued on Page 2)





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Executive back to full strength

(Continued from Front Page)

The town is also looking at the possibility of purchasing bases and frames for signage that would be made available to local businesses, who would have only the one-time cost of having their individual signs made to fit in the frames.

Bezpalco said he had attended a Travel Alberta workshop in Vermilion, where the participants

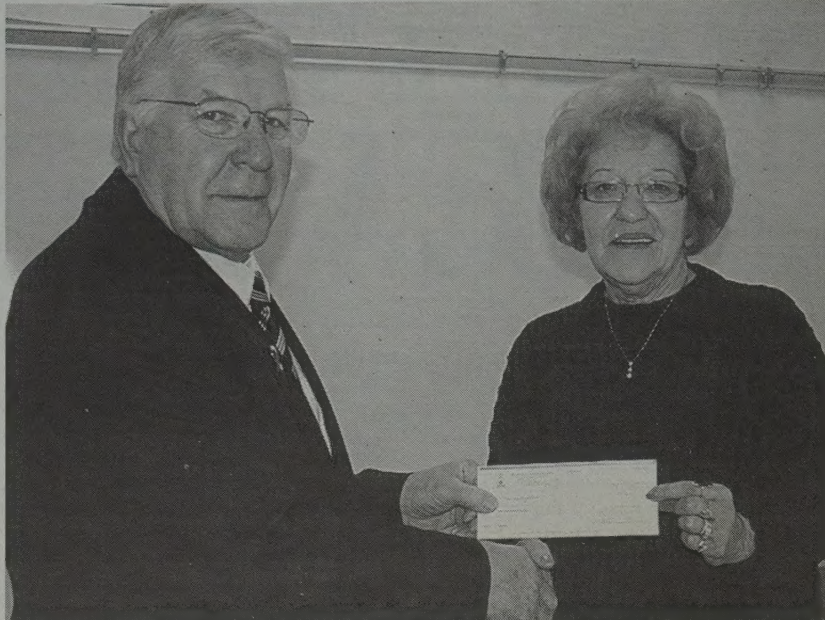
expressed concerns that northeast Alberta is being neglected. "We talked about the regional aspect. Little towns need to work together."

He also attended the Outdoorsman Show in Red Deer, and "talked to people who were very impressed with the Iron Horse Trail. I also found that people are looking for family activities."

Recreation director Valerie Lazicki brought the chamber some information regarding videoconferenced business-oriented courses that are available through Community Futures at minimal or no cost, and noted that there is also a series for farm businesses.

Mircea Panciuk noted that Northern Lights has videoconferencing facilities using the government hub, that the chamber could use to provide these courses.

Information about the courses will be sent out to local businesses in the near future, to determine how many would be interested in taking part.



Del Smith of the St. Paul Royal Canadian Legion Branch No. 100 presented Elk Point Healthcare Centre Auxiliary president Bernice Capjack with a \$1,000 donation from the Poppy Fund for the purchase of televisions for rental to patients. Veterans who are Healthcare Centre patients will have free use of the televisions, in recognition of the Legion's contributions.

Elk Point Elks Bingo

Has been rescheduled to March 12

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Alberta Council on Aging

(Continued from Front Page)

ACA past president Diana Anderson of Elk Point is now a member of the Seniors Advisory Council for Alberta, and said that body works closely with the ACA and says she is "a firm believer that the organization does wonderful work. We work with organizations all over the province, and hear what the needs are. You seniors know better than anyone else whether programs are working or not working."

Anderson said the SACA has been in direct contact with the minister responsible for seniors and is "asking to have these issues addressed. A lot of issues are addressed, but others are sitting on the table." These issues include home repair, staffing in long-term care, medication and transportation for seniors.

"When the Minister of Health is doling out money, most of it is going to acute care, not to long term. We're asking for a proportionate

amount to be allotted to long term care."

Currently, medication costs are covered for those seniors in long term care, and SACA is "asking them to look at covering that cost for seniors living at home," Anderson said.

Transportation is "A huge issue for seniors, especially having transportation available for seniors in wheelchairs. We have been working with Heritage Lodge to get (a bus equipped to transport people in wheelchairs). The health centre bus can't be used except for their patients. We have put in for a grant, the county and town have committed \$22,000 each, and we're asking the government for the rest of the money."

Also needed is help to keep seniors centres functional and operating, and Anderson says SACA is asking the Community Spirit Program to be adjusted to make the centres eligible for assistance.

Anderson said SACA is "really pleased with the standards" that are part of the Skill Development Quality Improvement Initiative for health care aides, but says it is still difficult to attract people. "Sixty to 90 per cent of care is done

by aids, most of them without any formal training at all. They're often thrown into the job with one day's orientation. The home care people come to your house and do the best they can, there is nothing in place to give them training."

The government allotted \$141 for each of close to 20,000 aides, Anderson said. "Half was for training and half for insurance. That's not enough, and it failed. (The minister) has now set up a committee to develop a comprehensive learning system to teach core competencies."

Minister of Municipal Affairs Ray Danyluk was the final speaker on the program, and faced a number of questions from the seniors after addressing everything from the government's decision-making process to the economic downturn.

"We don't have a pick-on-seniors day," he assured them, noting that all spending has to be done "within the confines of the budget."

That budget has taken a big hit. "Last year we had a \$37 billion budget, and this year we'll probably be down \$13.5 billion in revenue from last year. We never did budget based on \$140 oil, and when we kept (estimates) below \$100, we

were criticized."

Danyluk said the government has \$8 billion in a sustainability fund and another \$6 billion in a capital fund, which is "available to take out the hills and valleys of the economy. Previously when the revenue went down, we cut projects and services. When we had a surplus, we set money aside so we wouldn't have to do that again."

Businesses and corporations "are the only two taxpayers," Danyluk said. "Yes, you pay taxes, but even though health care and education come from general revenue, you're just paying back for that."

The government is "trying to support small business and small oil companies. They're who keeps the province working."

Homing in on seniors, Danyluk said the representation this area has had on the ACA "is incredible. Last week we had a cabinet meeting, and when we talked about groups that deal with seniors, Diana's name came up, and it wasn't from me."

"You're right," Danyluk agreed. "Today's seniors did build this province, and the people today are working hard to continue to build this province for our grandchildren. Now I have two of them."

Premier Ed Stelmach is "genuinely concerned" with the welfare of Albertans, Danyluk said. "His focus is on strong families, safety for families, strong communities and a strong foundation. We must continue to build Alberta, and in tough times, we must do what is right for future generations, and support those who need it most."

Danyluk asked the seniors what do they see as hardships and challenges, and offered to bring those forward to the appropriate ministers, to the cabinet and the premier.

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Skaters upgrade '09 year-end show

By VICKI BROOKER
Review Staff

After several years of exhibiting their skating prowess at a showcase, this year the Elk Point Skating Club is ending their year with a Skate Canada-sanctioned carnival on Saturday, March 14 at 1 p.m. in the A. G. Ross Arena.

Club spokesperson Millie Orr says the difference between the two formats is that the carnival will be "open to the general public, rather than just to family and friends," as was the case with the showcases.

The carnival's theme is "Seven Wonders of the World," and the club's 20-plus skaters will take their audience along on an around-the-world adventure through their music and skating routines.

Many of the skaters have taken part in competitions this year and have come home with medals, so this is a great opportunity for the community to see the progress the skaters have made during the year as well as the finely-honed skills that have brought them success on the competition circuit.

Guest skaters are once again scheduled

to be part of the program.

The carnival also serves as a fundraiser for the skating club, and will include a raffle and silent auction.

The skating club is "small compared to Minor Hockey," Orr says, "but we try to do what we can to help with the arena. We try to help the hockey people with the concession booth, and because we helped during the peewee tournament, the peewee parents are going to help us with our raffle and silent auction tables and will have the concession open to serve the crowd during the carnival."

Representatives of the skating club also helped the Elk Point Minor Hockey parents and coaches when they went to Edmonton to sell 50-50 tickets at an Oilers game, Orr says.

"We try to be good neighbours."

The skating club recently used the results of their earlier fundraising to purchase an electric floor scrubbing machine for the arena, and two years ago, the club spent in the neighbourhood of \$4,000 to purchase the arena's much-needed new sound system.

'Aunt' coming to visit local theatregoers

By VICKI BROOKER
Review Staff

A theatre classic for well over a century is coming to Elk Point's brand new Allied Arts and Leisure Centre this week, for a three-weekend run, as the Elk Point Choral Society and Friends host their annual dinner theatre.

'Charley's Aunt' was written by Brandon Thomas and was first performed at the Theatre Royal in Bury St. Edmonds, Suffolk, England on Feb. 29, 1892. Less than a year later, it started a run in London of 1,466 performances, breaking all records.

The play came to North America a year later, and ran on Broadway for four years.

The vintage musical comedy in three acts features a number of popular dinner theatre stars from former years, along with two newcomers to the local acting world, Ian Brousseau

and Barb Maile, who says her connection with the choral society started with "a friendly painting bee."

Brousseau is, however, no stranger to the stage in Elk Point, where he has competed in several talent competitions, and more recently as part of the Elk Point Community Choir.

Brousseau joins Shaun Sheplaw, Shilo Salzman, John Sieben, Dixie Coleman, Lawrence Pidluzny,

Velma Hudson, co-producer Alan Kostynniuk, actress, director and stage manager Cheryl Kurash, and piano accompanist and music director Barb Buryn.

Mabel Gottenbos and Don Conrad, who have been involved in all the dinner theatre productions, are taking a break from the footlights this year, Mabel concentrating on the costumes and Don serving as co-producer.

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Upcoming course essential for boating

By VICKI BROOKER
Review Staff

As of September 2009, everyone operating a boat or personal watercraft in Canada will be required to have a Boating License for Life. That license is already required to operate a personal watercraft or a boat under 10 metres in length.

Heidi Cusack, who has been teaching boating license courses for four years and has been affiliated with the Lifesaving Society for 20 years as a swimming instructor and lifeguard, says the move to license all operators

in an effort to cut down on the number of water-related deaths that occur each year, by educating them in safety procedures and the laws that pertain to safe boat and watercraft operation.

For example, she says, those who have not taken the course may not know that they could face a fine from a conservation officer or police officer of \$150 per item if they do not carry all the required safety equipment, such as an anchor, bailing device and oars or paddles, when operating a boat.

Cusack will be instructing the two-hour course in conjunction with Elk Point Further Education on April 15,

and says the evening consists of one hour of teaching, as she leads participants through the manual and answers any questions they may have, followed by an hour during which they write the exam.

"It gives you a lifetime license, the same as a driver's license, that you could lose for the same type of reasons, such as impaired operation or operating with undue care and attention," she notes.

For further information or to register, contact Elk Point Further Education at 780-724-4101.

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Local organizations receive funding for seniors programs

By JANICE HUSER
Review Contributor

Two local organizations have recently been notified that they will receive at least \$20,000 each from the federal government.

The County of St. Paul Community and Support Services has received \$25,000 through the New Horizons for Seniors Program. The money will go toward planning, organizing, and delivering a number of events geared toward local seniors. The events will encourage seniors to socialize with other seniors.

Activities being planned through the New Horizons program "promote active, healthy living," says Tammy Elkow, County of St. Paul FCSS director. Currently, she is working on putting together events that are taught and attended by seniors.

The goal of the program is to engage all seniors to become active and "revitalize local community spirit."

Elkow adds that she is hoping to hear from seniors in regards to specific activities they would like to see take place in their communities.

Targeting the small rural communities that are somewhat isolated is a priority, says Elkow, along with encouraging positive socialization. It is also nearly certain that the county FCSS along with Community Learning will again be hosting a series of seniors roadshows, taking groups of seniors on educational trips such as to the Devonian Botanic Garden in Edmonton.

"We want to keep seniors busy in a positive way," says Elkow.

Another local group that received a large amount of funding is the Fishing Lake Seniors Association for the Our Land Our Culture project. The project received \$20,000 from the federal government.

"The money that the seniors association got... is a grant to pass down knowl-

edge from the elders to the younger generation," says Angela Lorenson, the seniors co-ordinator with the Fishing Lake Seniors Association. The project encourages seniors to pass down seasonal traditions, such as fishing, and food gathering and preservation, to younger people.

The funding will primarily be used for the development of a shared garden plot where the elders and youth will work together to grow various things. Lorenson adds that the association was very pleased to hear it had received the funding.

"They were pretty excited," she says.

Elsewhere in the constituency, it was also announced that the Westlock and District Family and Community Support Services will receive \$22,000 and the Westlock and District Tractor Museum

Foundation was granted \$25,000. Each of the organizations involved encourage

involvement and participation from seniors. A total of \$92,000 is being distributed throughout the constituency.

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EDITORIAL

Good neighbours

Last Sunday, the editor arrived at the dinner theatre dress rehearsal only to become mired in a snowdrift. A request to borrow a shovel yielded not only the shovel, but volunteers to shovel, push and to seek out others at the C. G. Baker Arena across the street to help push.

The editor and the vehicle were not only extricated, thanks to one makeup technician, the wardrobe mistress, two team ropers and a barrel racer, but were also advised on a perfectly clear route to the parking lot.

The editor is thankful to be part of a community which would so willingly come to assist, rather than just handing over a shovel or saying, "go call a tow truck."

This is not the first time the editor has been stuck, and unless global warming comes sooner than we think, it no doubt won't be the last. Every single time, there's been someone willing to assist, even if it meant they were crawling around in the snow to do so.

Thanks for the help, folks. It's much appreciated.

WAY BACK WHEN...

Rally, regional reasoning, rescheduling

HERE'S THE NEWS THAT MADE THE HEADLINES OF THE LAKELAND REVIEW AND ELK POINT REVIEW FOR THE WEEK OF MARCH 10 IN...

1989

Reform Party leader Preston Manning expounded on the Meech Lake Accord to a packed house at a campaign rally for Beaver River candidate Deborah Grey. Elk Point Chamber of Commerce improved in principle their 1989 budget, which included the printing of postcards and some form of promotional brochure, sending delegates to the Tourism Industry of Alberta conference and the Alberta Chamber of Commerce annual meeting, upkeep of the tourist booth, a Farmer's Day event and the Canada Day pancake breakfast.

1994

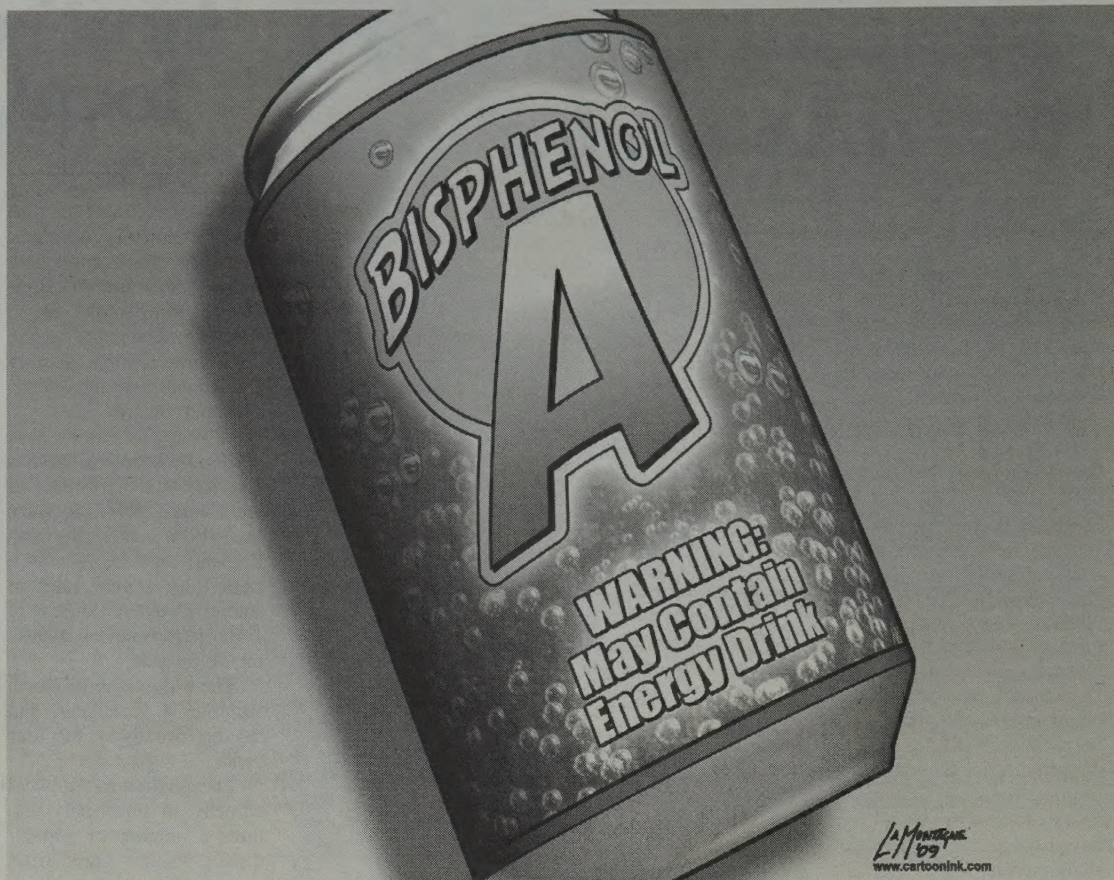
Elk Point Hospital Board visited the chamber of commerce to explain their decision, after a public meeting and two intensive meetings with hospital staff, to join the region to the south rather than one to the north, with board chair Marvin Bjornstad assuring the chamber there would be no restrictions where people could go to access health care. Jubilant Elk Point Elks captain Terry Wozniak accepted the Sask-Alta Hockey League trophy before the Elks went on to win their first playoff series against Kitscoty Monarchs in four games straight.

1999

Peter Danyluk and Mark Ference went on to the 4-H District Speak-off after winning the Elk Point 4-H Multi Club public speaking competition with Danyluk speaking on the threat of hospital closure and Ference on "The Opportunities That I Have." The chamber of commerce was heading strongly toward a new direction, with a planning session to be held to determine what this direction would be.

2004

Classic snowmobiles scanning three decades were lined up for an impromptu display hosted by Elk Point TrailRiders Snowmobile Club. The new chamber of commerce executive was pleased to fill their vacant treasurer's chair with volunteer Sandy Smith, and decided the organization's business could be dealt with in one meeting per month rather than two.



GUEST COLUMN

Time change

For millennia, people have measured time based on the position of the sun; it was noon when the sun was highest in the sky. Sundials were used well into the Middle Ages, at which time mechanical clocks began to appear. Cities would set their town clock by measuring the position of the sun, but every city would be on a slightly different time. The time indicated by the apparent sun on a sundial is called Apparent Solar Time, or true local time. The time shown by the fictitious sun is called Mean Solar Time, or local mean time when measured in terms of any longitudinal meridian.

Britain was the first country to set the time throughout a region to one standard time. The railways cared most about the inconsistencies of local mean time, and they forced a uniform time on the country. Standard time in time zones was instituted in the U.S. and Canada by the railroads on November 18, 1883. Prior to that, time of day was a local matter, and most cities and towns used some form of local solar time, maintained by a well-known clock (on a church steeple, for example, or in a jeweler's window). It remained for a Canadian civil and railway engineer, Sandford Fleming, to instigate the initial effort that led to the adoption of the present time meridians in both Canada and the U.S. He was instrumental in convening the 1884 International Prime Meridian Conference in Washington, at which the system of international standard time – still in use today – was adopted.

To carry forward the history of time change, we now add Daylight Saving Time.

The Elk Point Review publishes a variety of opinions as a contribution to debate on matters of public concern. Unsigned editorials express the view of this newspaper's editorial board which includes the Publisher and the Editor. Signed pieces express the view of the individual writer.



deanna
EASTHOPE

from the FCSS desk

That is its official spelling. In common usage, it becomes Daylight Savings Time. Adding to the confusion is that the phrase Daylight Saving Time is inaccurate, since no daylight is actually saved. Daylight Shifting Time would be better, and Daylight Time Shifting more accurate, but neither is politically desirable.

With all joking aside, Daylight Savings Time has occurred. It happened on March 8 – the second Sunday in March at 2 a.m. It will end at 2 a.m. on November 1, 2009. Although first instituted in 1915, the idea of daylight time had been batted around for a more than a century. Benjamin Franklin suggested the idea more than once in the 1770s while he was an emissary to France. But it wasn't until more than a century later that the idea of daylight time was taken seriously. William Willett, an English builder, revived the idea in 1907, and eight years later Germany was the first nation to adopt daylight time. The reason: energy conservation. Britain quickly followed suit and instituted British Summer Time in 1916. Several areas, including parts of Europe, Canada and the United States, followed suit during the First World War. In most cases, daylight time ended with the armistice.

The Uniform Time Act, enacted by the U.S. Congress in 1966, established a system of uniform (within each time zone) daylight time throughout most of the U.S. In Canada, it's up to each province to decide whether to use daylight time, and not all do.

The question now asked: What benefit is there to changing to daylight time? Swedish researchers say there may be some health benefits to turning your clock back. They studied 20 years of records and found that the number of heart attacks dipped on the Monday after clocks moved back an hour. Moving clocks ahead in the spring had the opposite effect. There were more heart attacks in the week after springing forward – especially during the first three days of the week.

Oh my, all that TIME CHANGE!

ELK POINT REVIEW

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Season quickly running out of hockey action

All quiet on the western front. Or is that the eastern front? Can you believe it? Not one Elk Point minor hockey game was played this past weekend and it's only the beginning of March. Everyone is so gung ho to get going in the fall, we can never get the ice in fast enough for them in October, and then come the end of

February, it starts to die off and then in March it's all but over, in fact, it can't finish fast enough for some people. Not me, of course, especially when it's still 30 below in the mornings, brr.

We may as well play hockey, it's not ball season yet, guys...

Although, the **Midget Girls Storm** did have a game scheduled for last Tuesday against North Battleford, it was cancelled due to the snowstorm that afternoon. That game should be played some time this week, but as for the other teams I think they're all done, done like dinner, done with playoffs, and done with provincial round robins.

But hey, here's some former Elk Point minor hockey guys who are going to the provincial final with a AA midget team out of Marwayne. Local midget players, goalie "Bronko Billy" Hudy, center man Chevy "Shifty" Botting, big "D" man Tyson "Bone Crusher" Bristow and winger Ben "Radar" Blacklock are all making it to the big show. And this is not their first trip either, all of them played on a Marwayne/Dewberry/Elk Point combined team three years ago when they won a gold medal in the Bantam D Provincial final. Murray Cochrane was their coach that year.

This year is a different story, the boys were bumped up to AA for provincials by Hockey Alberta, but that didn't stop them from winning over the larger centers, beating Fort Saskatchewan in the first round, "Shifty" Chevy getting a hat trick in the second game, then meeting Lloydminster in the second round, winning that one as well, sending them to the provincial final in St. Albert on the March 20-22 weekend.

Goalie "Bronko Billy," a real competitor with quick reflexes and a good glove, plays to win the big ones, "Shifty" is like a finely

tuned motor, a smart playmaker, speedy, shifts gears into overdrive in a split second, turns on a dime and



**doug
BASSETT**

Review Sports

you know he can turn on the red light, scoring six goals in the two round robins. "Bone Crusher," big and mean, takes no prisoners, throws out punishing body checks and has a wicked torpedo of a point shot. "Radar" has a nose for the puck, always finds the openings and goes to the net, a tough little guy with a huge heart.

And hold on, there's more. Another local Elk Point player, who is now playing in St. Paul is going to provincials as well on the same weekend in Hanna, playing in the Midget A finals there "Dirty Harry" Harrison Maas, is a talented six-foot-two center man, with a huge reach and some nifty moves.

And we have a few more of midget players scattered about the county, hardnosed defenseman Jordyn "Tiger" Wozniak who just celebrated his birthday last Friday and very gifted skater Kameron "Boom Boom" Ballas both played in the major Alberta Midget AAA League for Lloydminster, they missed the playoffs and are finished for this year.

Then there's John "the Hammer" Schmitt, another rugged player who has been playing for the Cold Lake Panthers this year in the Rural AAA midget league, as of the last report they were still in the playoffs after defeating Grand Prairie.

And let's not forget Dylan "In your face" Loughran and Tanner "Stomping Tom" Shankowski, playing for the St. Paul B team who I believe have now finished their season. Hey, you know what? Put all these guys together and you would have one heck of an all-star team!

How about the Leafs - Oilers game last Saturday night? Have to eat a little crow, I really thought the Leafs would pull this one off since they have been on such a good roll lately, and the Oilers are only so-so. The Leafs peppered "Rollie

the Goalie" and he stopped everything but one. Hopefully he can stay healthy and the Oilers make the playoffs, or Mac T might be history. If they do make the playoffs they could go a long way with that kind of goaltending. The Leafs, on the other hand, what can I say, playing great lately, good enough to miss the top draft pick, but are they good enough to make the playoffs? Spring is coming, the Leafs are??? (Would that be falling? - Editor)

This coming weekend the Elk Point Skating Club will be hosting their annual Ice Carnival on Saturday March 14th at 1.30 p.m. Come on out and enjoy watching some young talented skaters as well as special guest Helen Ramful and her partner Garrett who competed recently in Saskatoon for the national championship.

We mentioned earlier Jordyn "Tiger" Wozniak's birthday, also a big Happy Birthday last week going out to a former Elk Point minor hockey player and an old buddy of mine "Clear the track, here come Zach." Zach MacKinnon who is now playing hockey at Manhattan College in New



Photo Submitted

Marwayne's AA midgets are off to provincials in St. Albert, taking with them some of our best young hockey talent: Chevy Botting, Billy Hudy, Tyson Bristow and Ben Blacklock.

home during the Christmas holidays and played a few games with the B & R Bullets (he might just make the team someday if he's lucky) and to the Atom Avalanche team manager Jeannene Ference: she's lucky, she celebrated birthday down in Mexico.

And now for the K.A. Campbell quote of the week. "If a tie is like kissing your sister, we can only assume a hockey tie with France is like French-kissing your sister." Last week's answer to: "Between you and me, I think Don Cherry has been standing next to the speakers at an Aerosmith concert. His brain's a little rattled." - Ann Killion, sports columnist. Do you have any scoops? Now you can email them to sportshound007@hotmail.com

Recycling our paint, tires and electronics

We want to know what you think!

Alberta's paint, tires and electronics recycling programs are growing and evolving. Here are some changes being proposed.

Paint

Albertans will recycle 2 million litres of paint this year - 50% more than anticipated. To maintain the program and to build on this success, an increase is proposed in some of the environmental fees:

- The fee on 4 litre containers would increase from 50¢ to 75¢
- The fee on 19 litre containers would increase from \$1 to \$2

Tires

Albertans have recycled 53 million tires since 1992. To keep this success story rolling, two adjustments are proposed to the environmental fee on tires:

- The fee on car and truck tires would increase from \$4 to \$4.50
- A fee of \$4.50 would be placed on farm and small off-road tires

Electronics

Albertans have recycled 2 million TVs and computers since 2004. Many think it's time to recycle more electronics like microwaves, phones and stereo equipment. We do too, and environmental fees from 5¢ to \$5 are proposed on the following products:

- Home audio-visual equipment
- Computer-related products
- Telecommunications
- Small kitchen appliances

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choosing the right electricity provider for you

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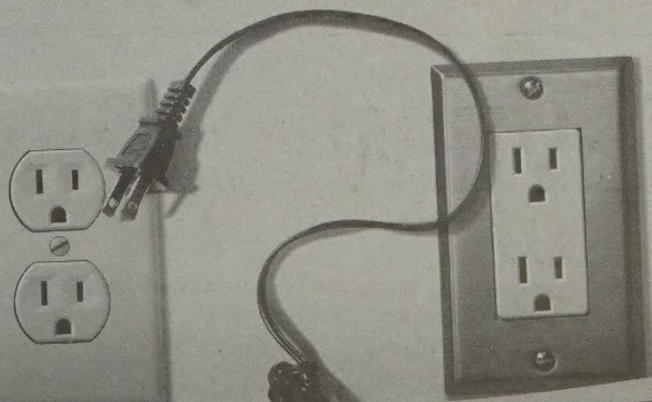
Depending on their needs, Alberta home and business owners have the option to choose between a regulated-rate provider and power retailers.

Regulated-rate providers, such as electricity companies, provide services under the regulated-rate, which is based on market prices and may vary from month to month.

Power retailers can provide a variety of rate plans including longer-term fixed-rates.

It makes sense to fully understand all of your choices, then choose the provider and rate plan that best suit your electricity needs.

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F. G. Miller Junior Boys Crusaders basketball team posed with the Crusader mascot back in mid-February when the school celebrated the arrival of the teachers' convention/Family Day long weekend with a 1980s dressup day.



F. G. Miller's junior ladies of the Crusader (basketball) court looked their best in bright and cheerful 1980s attire as they prepared to enjoy a five-day long weekend in mid-February.



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FGM Junior Crusaders 2009

Vicki Brooker photos

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'PPE only works if you use it'

Agricultural Safety Week March 11 to 17

By JANICE HUSER
Review Contributor

Over 100 people are killed each year in farm-related accidents. A further 1,500 people are hospitalized, while thousands of more farm-related injuries are unreported.

From March 11 to 17, Canadian Agricultural Safety Week will take place in hopes of creating more awareness about the seriousness of farm safety. This year's theme offers farmers a number of tips regarding a variety of safety situations.

"PPE only works if you use it," is the chosen theme this year. PPE stands for Personal Protective Equipment and includes anything from hearing safety, to laundering clothes properly. PPE is not only hard hats, safety goggles, and gloves, but also includes air quality and cleaning clothes properly when working with chemicals.

Although employees at Adrukow Group Solutions, located just outside of St. Paul, don't often find themselves in situations that involve special safety requirements because of automated systems, employees are still trained and a safety manual is within easy access.

"People understand now," says Ken Moore, St. Paul Team Leader with Andrukow. He adds that he believes "people are taking a lot more precautions." Injuries can still occur, but most farmers are aware of the precautions that should be taken, he explains.

Moore encourages farmers to read labels on chemicals and recognize the different warning symbols. These symbols will tell producers what PPE they should be using, whether it is rubber gloves, or a respirator and additional apron on their coveralls.

"PPE is not good unless you make use of it," says Moore.

Theresa Whalen-Ruiter, Canadian Federal of Agriculture (CFA) farm safety co-ordinator, agrees, although she adds that there are a number of precautions can taken before resorting to PPE in many situations, such as using different materials, redesigning the set-up and changing the work process.

(Continued on Page 9)

Senior Crusaders win at home, in Cochrane



The combined Senior Boys Crusaders team proudly shows off the trophy they brought back from an invitational basketball tournament in Cochrane.

INFORMATION SUBMITTED

F. G. Miller Senior Boys Crusaders are having a successful season, with championships in tournaments at home and away.

On Jan. 23 and 24, Team 1, made up of Gregory Babcock, Brandon Condon, Wayne Fiddler, Brendan Bishop, Stephen John and Brett Lindquist won games against St. Paul Regional Saints and Smoky Lake on their way to the tournament final against Kitscoty, with Brett Lindquist, Brandon Condon and Wayne Fiddler named MVP in those games.

Team 2, made up of Blake Desjarlais, Kent Crawford, Dusty Frisby, Dylan Kwaznycia, Garrett Duffee and John Schmitt,

won their first game against Marwayne and lost their second to Kitscoty, coming up against Regional in the final for another loss, giving them a fourth place finish in the tournament. MVPs were John Schmitt, Kent Crawford and Blake Desjarlais.

On the weekend of Feb. 6 and 7, the combined team of Gregory Babcock, Brendan Bishop, Brandon Condon, Kent Crawford, Blake Desjarlais, Wayne Fiddler, Dusty Frisby, Stephan John, Dylan Kwaznycia and Brett Lindquist traveled to Cochrane to the St. Timothy Invitational tournament, where they won over Airdrie's St. Martin School by a 58-38 margin and over Spruce View by a 64-48 margin, putting them in the final of the eight-team tournament against Chestermere's St. Gabriel, School where they recorded a 69-44 win, with Brett Lindquist the MVP of the final game.

FGM counts on 'care bears'

They don't have rain-bows, or four-leaf clovers on their tummies, but this group of volunteers, dubbed the 'care bears' is a valuable resource at F. G. Miller High School, where they help with many tasks around the school and at special events. Their ongoing efforts were recognized with gift certificates at the February assembly. Recipients included Marissa Bader, Megan Derewynka, Nicole Kalynchuk, Oliver Buck, Josh Gadowski, Brett Lindquist, Tanner Shankowski, Tyson Bristow, Taylor Jenner, Jason Proskiw, Aaron Graus and John Schmitt.

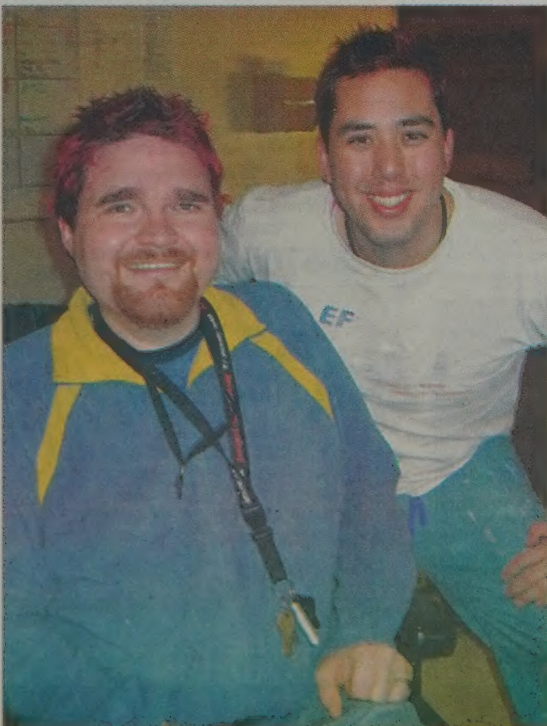


Science fair next week

F. G. Miller's junior high students will be taking part in the First Annual F. G. Miller Science Fair next Wednesday, March 18, starting at 9 a.m.

The students have spent the past few months designing projects that use scientific methods to solve a problem, and are now eager to show the results to the judges, their parents and the community. Everyone is welcome to visit the fair and see science at work.

Heinsburg Community School students and staff raise \$1021.07 for the Heart and Stroke Foundation



If students raised \$1000, two of the school's staff said they would dye their hair the color of the students' choice. We bet Mr. Ng and Mr. Peterson (left) wished they didn't raise so much money!



On February 11, Heinsburg Community School students took part in the Jump Rope for Heart and Hoops for Heart fundraisers for the Canadian Heart and Stroke Foundation. As an extra incentive for our students to raise as much money as they could, we also added a "Pie Your Favorite Staff" feature. Students and staff were able to purchase whip cream pies to throw at their favorite staff member. We had a great time and all funds raised were sent to the Heart and Stroke Foundation.

Photos submitted

County council discusses water issues

By JANICE HUSER
Review Contributor

Residents in outlying communities may one day receive water from different sources, according to a discussion at the County of St. Paul council's last regular meeting on Feb. 19.

At the meeting, council discussed a regional water study that is currently taking place. It was also noted that the county will be receiving \$72,000 from the province to help complete the study.

A number of options and communities have been discussed by the committee heading the study. Reeve Robert Bouchard, who sits on the regional water study committee, reported that the committee has been discussing projected population growth, and areas where water could be brought in from.

"Elk Point has a water issue," said Bouchard, adding, it was proposed that water could be brought from St. Paul to Elk Point. That, he added, is a "project that could probably move along very quickly," although he affirmed it was just a proposal at this time.

It was then noted that the water treatment plant for St. Paul meets and exceeds all standards. Furthermore, it's also a plus that St. Paul is at a 100 metre higher elevation than Elk Point.

The other community discussed was the hamlet of Lottie Lake. Money was set aside for a treatment plant at Lottie Lake, and that money has not been lost, heard council. But, bringing in water from somewhere else may be an option.

The priorities of the study are the communities that have poor water quality. Bringing in a water line from Waskatenau was proposed, or a water line from Cold Lake, but it was also decided by the committee that bringing in a line from Cold Lake would be too far.

After expressing some concerns about servicing a number of communities with one plant, Coun. Glen Ockerman added that he was looking forward to seeing the feasibility

study move ahead.

The \$72,000 being received is the initial portion of a \$96,000 grant.

Watershed Society

Barry Herman of the Lac Sante Watershed Society approached County council with concerns regarding the riparian zone of the lake. The society is working on putting up signs around the lake to educate residents and users of the importance of the riparian zone.

"There is an ever increasing pressure on the water quality from all users and producers along the lake," said Herman. He explained that the riparian zone is "among the most productive and valuable of all landscape types."

Seeing vehicles driving along the beach is a common occurrence. Herman had photos on hand to show council vehicles that were parked in the riparian zone. He explained that one day he witnessed a couple drive their vehicle into the lake to wash it.

"It's quite frustrating," he added. Herman requested the County of St. Paul partner with the Watershed Society and Sustainable Resource Development to erect signs in strategic places around the lake. The society will also be approaching the County of Two Hills with the same request. If funding is needed for the signs, the Watershed Society would be willing to raise the needed money.

Herman also requested the council amend a bylaw that would prohibit all motorized vehicles, including ATVs, from driving on the riparian beach area.

On a personal note, Herman also brought up an unmaintained road allowance that is being used as a trail for ATVs to access the lake. He requested the trail be blocked off to ATVs, but accessible for pedestrians. Herman was concerned about the safety of pedestrians, and added that there is a system of trails for ATV users in the area.

"People don't care," said Herman in regards to ATV users traveling at high speeds along the road allowance. "It's us city folks," he added.

Later in the meeting, council discussed Herman's requests. Ockerman felt that the county should ensure the same standards are being set across the county and the same message is being sent.

"Don't get me wrong, I think it's great," said Ockerman of Herman's request for the county to partner with the other two groups to put up the signs. After agreeing that council should first approve what is written on the signs, a motion to approve the signs was carried, at no cost to the county.

Herman's request to change Bylaw 1426 was tabled for more information, and a request to close the road allowance was denied.

"It's an access that's being used as an access right now," said Ockerman.

Upper Mann

The county will look into whether or not funding is available from the province to help with a water servicing study for Upper Mann Lake.

"I think it's important to find out if there's funding available," said Bouchard. The community is not considered a hamlet, which could make it hard for the county to receive funding from the province.

Coun. Frank Sloan said that if water was available in the area, it would encourage more people to move in. The study could cost nearly \$80,000. A motion to table a servicing study until a meeting is held with Alberta Transportation and the MLA was carried.

Salary grid

Council approved two salary grids for county employees of the public works department and administration, with the exception of the CAO. A cost of living allowance increase of 4.5 per cent for 2009 was also approved.

Emergency services

Bryan Bepalko was named as Assistant Director of Emergency Services. He will assist Dennis Berghem who is the Director of Emergency Services.

(Continued on Page 9)

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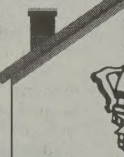
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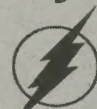
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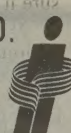
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Six churches join to mark the World Day of Prayer

By VICKI BROOKER
Review Staff

Six local churches – St. Michael's Roman Catholic, Holy Eucharist Ukrainian Catholic, St. Vladimir's Ukrainian Orthodox, Elk Point Christian Community Church and Elk Point United Church – came together last Friday evening to celebrate the World Day of Prayer with an ecumenical service written by a committee of women in Papua New Guinea.

Theme of this year's service was, "In Christ, there are many members, but only one body."

Armand Houle of St. Michael's welcomed the sizeable crowd on behalf of the women of Papua New Guinea, and was joined by Orest and Darlene Sereda and Bernadette Jendruk, who invited the congregation to get to know this far-off country a little better, through their descriptions of "the land of the unexpect-

ed", lying close to the equator with warm temperatures and tropical rainfall, but with high mountains running its length, where temperatures are cool. The largest part of the population lives in these highlands, which have supported agriculture for the past 10,000 years, although the outside world only came to know of the area in the 1930s. Papua New Guinea's people are many and diverse, with 800 languages and many cultures and traditions.

The congregation joined in the opening hymn, "All People That on Earth Do Dwell," with Gabe Bayduza at the organ.

Houle led the Prayer of Adoration. Elk Point United Church Youth Choir sang a hymn of praise, "Blessed Be the Tie That Binds."

Lesia Porcina and Annette Gregoraschuk of St. Vladimir's Ukrainian

Orthodox led the Prayer of Thanksgiving, and a Bible reading from Romans 12: 14-21, interspersed by an other number by the Junior Choir.

Mary Bezpalko of Holy Eucharist Ukrainian Catholic Church led the prayer of Confession and Forgiveness, while Christian Community Church representatives Ruth Vogel, Sandy Kummertz and Elda Magnusson gave the Prayer of Assurance of God's Forgiveness, Bible readings from Exodus and Acts, and told the stories of two women from different parts of Papua New Guinea who live very different lives, but were both part of the effort to bring peace to their homeland.

Father Rene Realuyo, parish priest at Le Goff and Cold Lake First Nations, was guest speaker for the evening, and spoke about his homeland, the

Philippines, as well as giving further insight into life in the nearby country of Papua New Guinea.

Father Realuyo also remarked on the evening's gathering.

"All of us are of different denominations. We always think about Christian unity, but we speak about our differences rather than our similarities. But we have more similarities than we think."

Following the offering, which collected funds to go to aid the people of Papua New Guinea, Diane Cole of Elk Point United Church led the Prayer of Intercession, with the Youth Choir singing softly, "Listen to Your children praying," while the congregation added their silent prayers, and then sang "The Lord's Prayer."

Father Realuyo gave the Prayer of Blessing and Benediction to end the service.

Historian to speak at library

By VICKI BROOKER
Review Staff

Robert W. Hendriks of Heinsburg will be at Elk Point Municipal Library next Monday evening, March 16, at 7 p.m. to present his book, "William Bleasdel Cameron: A Life of Writing and Adventure."

In his book, Hendriks says, "History has recorded that (William Bleasdel Cameron) was the only white man to escape the massacre. To have been the 'sole white male survivor of the 1885 Frog Lake massacre' a note he wrote on the back of one of his photographs, made W.B. special and newsworthy and he perpetuated this idea. Press releases and articles written about him invariably mention this fact. But was he really the only white male survivor?"

Those who attend next Monday's presentation may well find out the answer to this question. For sure, they will find out more about this local historical figure, who lived to tell and write about his experiences in those dark days of the North West Rebellion of 1885, and about his further adventures.

Coffee and cake will be served.

Health Care Auxiliary meets

By BERNICE CAPJACK
President

The March 2 roll call of the Elk Point Health Care Auxiliary was answered by nine members. Five televisions will now be purchased with the help from the Royal Canadian Legion. A donation will be given toward volunteer appreciation at Parkview Extended Care.

St. Patrick's Day and Easter favours have been purchased and will be distributed.

The conference attended by Lyn Young and Carolyn Onusko was very good, and they will report on it.

We are looking for new members and hopefully some of those who read this will join for this very worthwhile cause. Meetings are held at the Health Care Centre on the first Monday of every month.

Agriculture Safety Week

(Continued from Page 6)

The first thing Whalen-Ruiter would like to encourage is for farmers and ranchers to protect their own well-being and "think through their work." Secondly, she encourages farmers to use the correct PPE, "make sure it fits and it's accessible."

Agricultural safety is different than occupational safety, and although both are important, "the unfortunate truth is farming is one of the most dangerous occupations in Canada." She later adds, "One of the unique things about (agricultural) safety is that often the farm is not just a work site, it's also a home. . . You never leave work, you're always there." The dangers and risks are therefore constant for everyone who is there, including farmers' families.

One item on this year's list of safety tips is laundering clothing, something many people may not necessarily relate to safety. But, when producers are working with chemicals such as pesticides, laundering work clothing properly will help protect everyone who

comes in contact with the producer.

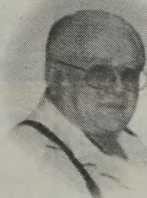
First, farmers must remove all clothing that was worn while dealing with the chemicals. Secondly, it is strongly recommended that producers pre-rinse soiled clothing. This can be done by simply rinsing clothing outside with a garden hose. Third, wash clothing in the washing machine at the highest of settings. Use lots of hot water, detergent, and a long agitation time.

Once the clothes come out of the machine, rinse the washing machine to ensure pesticides do not come in contact with other clothing being washed in the machine. Then, hang clothes to dry, "as exposure to sunlight will help break down any lingering chemicals that may remain in the clothes," according to the CFA. Never place clothing that has come in contact with pesticides in the dryer. Lastly, store work clothes away from other clothes.

To test your farm safety knowledge visit www.fccfarmsafety.ca.

IN MEMORIAM

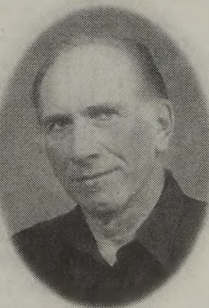
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Remembered & sadly missed by Family and Friends.

OBITUARY

ADKINS, Ken



On March 1, 2009, Mr. Ken Adkins of Elk Point passed away at the age of 66 years.

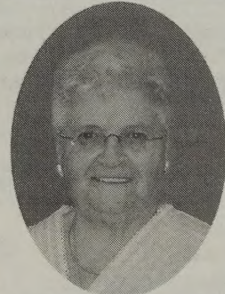
He is survived by his loving wife, Blandine; three daughters, Nancy (Brad) Anderson of Bellis, Cynthia (Todd) Adkins of Elk Point & Denise (Chris) Ludlow of St. Albert; four grandchildren, Laura, Scott, Megan & Alyssa; two brothers and three sisters, Vivian Murray of Coquitlam, B.C., Darlene (Allen) Wilson of Campbell River, B.C., Marjorie Banton of Surrey, B.C., Wayne Adkins of Armstrong, B.C., & Doug (Tanya) Adkins of Prince George, B.C.; also numerous nieces and nephews. He was predeceased by his parents, Charles and Inez Adkins.

Funeral Service was held Saturday, March 7, 2009 at 11:00 a.m. at Bethel Family Worship Centre, St. Paul. Pastor Duane Grant officiated with interment in Elk Point West Cemetery, Elk Point. If desired, donations may be made to the Cross Cancer Institute c/o Box 425 St. Paul, AB T0A 3A0.

Yewchin's Funeral Chapel Ltd. St. Paul. 1-780-645-5177.

OBITUARY

RADIES, Elizabeth (Betty)



On March 2, 2009, Mrs. Betty Radies of Elk Point passed away at the age of 82 years.

She is survived by 3 daughters and 2 sons, Mandy (Kim) Saranchuk of Lindbergh, Debbie (Kevin) Lawrence of Lindbergh, Shane Radies of Edmonton, Heather (Kevin) Shewchuk of Calgary and Roy Jr. (Michele) Radies of Edmonton; 5 grandchildren, Cody (Kyla) Lawrence, Tyson (Vania) Lawrence, Jodi (Shane) Smith, Kylee (James) Babenek and Jamie Varbel; 6 great-grandchildren, Corbyn, Kierra and Logan Lawrence, Brooke and Brody Babenek, and Lexce Smith; and 3 sisters, Cecilia Wolfe of Trail, B.C., Evelyn Chesser of Calgary and Lou (Doriana) Bordin of Trail, B.C. She was predeceased by her parents, Lily & Sam Cochrane; her husband, Roy; and brother, Stewart Cochrane.

Prayer Service was held Thursday, March 5 at 7:30 p.m. at Yewchin's Funeral Chapel, St. Paul. Funeral Service was held Friday, March 6 at 11:00 a.m. at Yewchin's Funeral Chapel, St. Paul. Reverend Sam Donaldson officiated with interment in Mooswa Cemetery, Lindbergh. If desired, donations may be made to the Alberta Heart & Stroke Foundation c/o Box 425 St. Paul, AB T0A 3A0.

Yewchin's Funeral Chapel Ltd. St. Paul. 1-780-645-5177.

County council

(Continued from Page 8)

Permit fees

Council agreed to approve a permit fee schedule with no increase from last year's numbers.

Elk Point Fire Hall

Plans for the construction of the new Elk Point Fire Hall have been approved by council.

Councillors quickly looked over the plans before approving them. An invita-

tion for tender of the sub-contractors will go out in March.

Fireworks

Council tabled a decision regarding helping the Town of St. Paul pay for fireworks during the centennial celebrations this July.

Road construction

Council approved a list of 2009 road construction projects, with a total of 20 miles on the plan.

Construction will begin at Division 1 and work its way in order, with the exception of Division 6 and 7 being reversed.

Building Fund

The County of St. Paul will apply for the Communities Component of Alberta-Canada Building Canada Fund. The project being applied for is the development of the new subdivision in Mallaig.

ELITE THEATRE

24 Hr. Info Line 645-3448

or Toll Free 1-866-245-3448

Visit us at: www.magiclanterntheatres.ca



www.pitch-in.ca

CHURCH SERVICES

Elk Point Baptist Church
5705 - 49 St., Elk Point
Pastor Jim MacLellan
Pastor Jason Goulet
Family Worship Service
Sundays - 10 a.m.
Sunday School - 11:15 a.m.
Call 724-4194 for more information
or see our Website:
www.elkpointbaptistchurch.org

St. Vladmirs' Ukrainian Orthodox Church, Elk Point
For service times, call 645-5156,
St. Paul or 724-4175, Elk Point.

United Church of Canada
4822 - 50 Ave., Elk Point
724-3616
Services - Sunday 10 a.m.
"Come and be Welcomed -
Come and Be Nurtured"

Christian Community Church of Elk Point
53 St. and Railway Avenue
Phone 724-4039 or 724-2648
Our Aim:
"To Know, Apply and Share the
Power of Christ"
Worship Service - Sunday 10 a.m.
Sunday School - 10 a.m.
Pastor Bill Kryzanowski
(780) 635-4064

St. Michael's Roman Catholic Church
Father Ambrose
Sunday Mass.
11:30 a.m.

Bethel Lutheran Church of Lea Park
Weekly Services, 10:30 a.m.
Holy Communion 2nd and 3rd
Sundays

Bible Fellowship Church
Clandonald
Services held every
Sunday at 11 a.m.

CLASSIFIED INDEX

0000	Announcements Directory
1000	Employment Directory
2000	Arts & Entertainment Directory
3000	For Sales Directory
4000	Agriculture Directory
5000	Real Estate Directory
6000	Automotive Directory
7000	Services Directory
8000	Home Improvement Directory
9000	Personals Directory

190. Announcements

LOOK BETTER than your friends! The secret is "Feel like a Facelift" anti-wrinkle therapy. New location: Easier to reach: 2nd shelf from bottom. This month at London Drugs - Managers Special! www.looklikeafacelift.com.

200. Business/Invest. Oppor.

GET YOUR COMPANY listed for free on: www.AlbertaHomeOwner.com. The new online business directory for Alberta home owners.

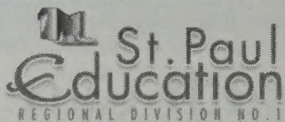
500. Tenders

200. Business/Invest. Oppor.

A GREAT OPPORTUNITY to own a pet food business - High quality cat/dog food. Excellent returns, exclusive territories. Information call Ripless Ranch toll free 1-877-738-3287 ext. 217; www.riplessranch.com.

DAIRY QUEEN restaurant for sale. Located in Bonnyville, Alberta, the heart of oil country. Profitable, sale due to bereavement. Contact Marcel Sylvestre 780-826-3147 or marcelv@telusplanet.net.

500. Tenders



WEB SITE DESIGN REQUEST FOR PROPOSALS

St. Paul Education Regional Division No. 1 is seeking proposals from interested parties for the development of a new web site.

The complete RFP can be downloaded from the Division web site at http://www.stpauleducation.ab.ca/rep_docs.html or by calling (780) 645-3323.

Proposals shall be received no later than 4:00 p.m. April 02, 2009 and shall be addressed to:

St. Paul Education Regional Division No. 1
4901- 47 Street
St. Paul, AB T0A 3A3
Web Site RFP
Attention: Patrick Rivard

*St. Paul Education reserves the right to accept or reject any or all proposals.

200. Business/Invest. Oppor.

FARMERS AND ACREAGE owners opportunity knocks. Grow Rhodiola Rosea (herb) for ARR-GO to help fill contracts to supply world demand. Monica 780-983-0199; www.arrgo.ca. monica@arrgo.ca.

INSTANT RECESSION relief. The guy who showed me this made \$4500. last week. Need PC; www.DebtFreedomPossibility.com.

410. Education/Training

BECOME A Published Writer with our distance education course. Personal instruction and mentoring from professional writers. Money-back guarantee. Call for a free brochure. Call 1-800-267-1829; www.wing-hill.com.

HEAVY EQUIPMENT Operator Training. Monthly courses begin March 9. Dozer, grader, excavator, loader, scraper, rock truck. Tuition is \$9700. Practicum Training Institute 306-955-0079; www.practicumtraininginstitute.ca. Email: pti@sasktel.net.

MASSAGE CAREER. Train at our highly regarded, progressive school and graduate with confidence! Excellence in education, guaranteed! 403-346-1018.

SO MANY TRADES - so hard to choose. Explore over 50 trades. Fairview Campus, formerly Fairview College. Work placement in trade of your choice. Cooperative Trades Orientation in Fairview, Alberta. 1-888-999-7882; www.gprc.ab.ca/fairview.

TRAIN FOR a new career in medical transcription. Learn from home! Earn from home! Contact CanScribe today for a free information package. 1-800-466-1535; www.canscribe.com; info@canscribe.com.

1005. Help Wanted

ARE YOU LOSING a loved one to substance abuse? Our program has the highest success rate. Help is only one phone call away! 1-877-782-7409; www.narcon.ca.

DATING SERVICE. Long-term/short-term relationships, free calls! 1-877-297-9883. Exchange voice messages, voice mailboxes 1-888-534-6984. Live adult casual conversations - 1 on 1 - 1-866-311-9640. Meet on chat-lines. Local single ladies 1-877-804-5381 (18+).

500. Tenders

Be Wise...ADVERTISE

1070. Child Care

CAREGIVER / NANNY REQUIRED

For two children. Full-time hours. \$1,500 / month including room and board if required. Security check required. Ph. 780-210-1087 Fax 780-724-3438

1500. Help Wanted - Prov.

BUSY MANUFACTURER of industrial/oilfield structures is looking for a journeyman carpenter. Experience in building/repairing trailers an asset. Send resume to Concept Energy Services Ltd., 43026 Mackenzie Hwy, Hay River, NT, X0E 0R9. Fax 867-874-6115.

CARPENTERS/REMODELERS \$25+/hour. Canada's leading home repair/remodeling company is seeking carpenters, remodelers, skilled tradespeople (M/F) in Calgary, Edmonton, Red Deer. Apply toll free 1-800-884-2639 or www.handymanconnection.ca.

CHEAP PHONE reconnect! Connect now for a Great Deal! Calling features, long distance & save \$ on High Speed Internet! Phone Factory Reconnect 1-877-336-2274; www.phonefactory.ca.

GIS ASSISTANT REQUIRED. Airborne Energy Solutions, Whitecourt, Alberta. GIS diploma or experience, proficient in Microsoft Office, good time management. Fax resume before March 13, 2009 to 780-778-6652. Attention: Sue Geddes.

500. Tenders

1500. Help Wanted - Prov.

DENHAM'S PINCHER CREEK Ford is seeking a licensed Automotive Technician. Located in beautiful southern Alberta, Pincher Creek is a quiet, small town perfect for a family. Located just 2 hours south of Calgary; 1 hour from BC and U.S. border and 1/2 hour to Waterton. Ford training an asset. Competitive wages and great benefits. Contact Jerratt at 1-888-667-8036.

EDGERTON GOLF CLUB. 20 minutes southeast of Wainwright is currently seeking a greenskeeper for the 2009 season. Call Trevor 780-704-0444 or fax resume to 780-755-3839.

EXPERIENCED HUNTING guide needed for July 20 - October 1, Northern Yukon. Should have some field experience and be familiar with horses. Email resume to chris@wildgrountfitters.com or 867-393-3802.

FULL-TIME AQUAPLEX operator. Town of Ponoka. Contact Cindy Bowie at 403-783-0122 or email: cindy.bowie@ponoka.org; www.ponoka.org.

FULL-TIME BAKER required at Sobeys in Olds, Alberta. Benefits. Will train. Phone 403-556-3113 or fax resume to 403-556-8652. Ask for Rob.

HAVE FUN making money as an actor, actress or film extra on Calgary movie sets. All ages required. 403-521-0077.

JOHN DEERE DEALERSHIP requires an experienced parts person. Competitive salary, benefit plan, moving expense credit. Contact Randy or Denis at Ranchers Supply, Pincher Creek, Alberta. 1-800-565-0362.

JOURNEYMAN MECHANIC wanted. Maintenance on truck and trailers. Fleet of 15 trucks. Competitive wages and benefits. No service truck required. Fax to 780-333-4397.

500. Tenders

1500. Help Wanted - Prov.

JOURNALISTS, Graphic Artists, Marketing and more. Alberta's weekly newspapers are looking for people like you. Post your resume online. Free. Visit: www.resumes_add.php.

PUT POWER into your career! Train as a Fairview Power Engineer. Excellent wages. Clean work. Regular shifts. Great for women as well as men. On-campus boiler lab. Affordable residences. Fairview Campus, Alberta (formerly Fairview College) 1-888-999-7882; www.gprc.ab.ca/fairview.

REGISTERED NURSES required for short and long travel assignments in varied locations. We offer excellent wage and travel benefits to complement your experience in urban, rural or out-post facilities. Apply on line at www.travelnurse.ca or call 1-866-355-8355 for more information.

A-D-V-E-R-T-I-S-I-N-G

REMOVE YOUR RECORD: A criminal record can follow you for life. Only Pardon Services Canada has 20 years experience. Guaranteeing record removal. Call 1-866-972-7366; www.RemoveYourRecord.com.

SHELTER HOME SYSTEMS is recruiting for a Controller. We are seeking an individual with qualifications which include a professional accounting designation (CMA or CA) and managerial experience. If you are interested in this very challenging goal oriented position, please send your resume in confidence to: operationmanager09@gmail.com or Box 845, Estevan, SK, S4A 2A7. Attention: Operations Manager.

500. Tenders

1500. Help Wanted - Prov.

SURVIVOR BOOTCAMP is looking for great certified personal trainers in your area. Have fun doing what you love outdoors! Contact Clinton today 1-866-803-5143 or alberta@survivorbootcamp.com.

THE BROOKS BULLETIN, one of Alberta's largest weekly newspapers, requires a reporter/photographer. Good salary and benefits package available. Car necessary. Email resume to: editor@brooksbulletin.com.

VALLEY B AVIATION, Manning, Alberta is looking for an experienced Apprentice or an AME for work on Robinson R22 and R44 Helicopters. Email resume: valleyb1@telus.net or fax 780-836-4397.

1600. Volunteers Wanted

HOST FAMILIES NEEDED. Northern Youth Abroad is looking for families to host 2 youth from Nunavut/NWT, volunteering in your community July/August; www.nya.ca. Call 1-866-212-2307.

3010. Auctions

MEIER 2-DAY Classic Car & Truck Auction, Saturday and Sunday, May 2 and 3, 11 a.m. both days. 6016 - 72A Avenue, Edmonton. Over 150 Classics. To Consign, call 780-440-1860.

THINKING AUCTION! Guarantee your results with Ritchie Bros. Auctioneers. Whether it's equipment, real estate, livestock or a complete farm dispersal. Contact us today! 1-800-491-4494 or rbaction.com.

UNIQUE CRITTER AUCTION! March 28 & 29, Olds Ag Society. Birds, goats, sheep, miniature horses, donkeys, tack, we have it all! www.simplyniqueauctions.com. 403-634-0042.

3210. Misc. For Sale

\$38.95 HOME PHONE Service - Reconnect your home phone! No one refused - \$38.95 monthly - \$18.95 one time activation - \$18.95 unlimited long distance. Call Choice Tel Now! 1-866-333-1405 www.choice-tel.ca.

A FREE Telephone Service - Get your first month free. Bad credit, don't sweat it. No deposits. No credit checks. Call Freedom Phone Lines today. Toll free 1-866-884-7464.

A SCRAPBOOKER'S DREAM! Complete inventory of scrapbook supplies MUST go! 50%-80% absolutely everything in store. March 24-28 10am to 5pm. Scrap Happens! 4915-51 Street Vermilion, Alberta.

AFFORDABLE PHONE reconnection. Bad credit - no problem! Call Tembo Telecom and ask about our new customer special. Sign up online and save \$20. 1-877-266-6398; www.tembo.ca.

1005. Help Wanted

CLASS 1 VACUUM TRUCK DRIVER FOR CAMP JOB

Driving experience with tickets preferred. Will train if necessary. Competitive wages and health plan available. Mandatory drug testing upon hiring.

Fax resume and driver's abstract to: 780-724-4474

JANITORIAL STAFF REQUIRED

2-4 hours a night Some weekends \$12 to \$14 / hr. Call Trevor 780-614-4476

A-D-V-E-R-T-I-S-I-N-G

an idea that SELLS.

INVITATION TO TENDER - SUBCONTRACTORS NEW

Town of Elk Point Eco Centre

Subcontractors & suppliers required to work under Project Manager; Sealed tenders marked "Elk Point Eco Centre" will be received at the Elk Point Town Office, Elk Point, Alberta up to 2:00 p.m., Friday, April 17, 2009.

Trades and Suppliers required:

- Framing including interior finish, wall and roof, man doors, windows (use own equipment), supply and install
- Electrical, supply and install
- Mechanical, supply and install
- Painting, supply and install
- Finishing carpentry / millwork, supply and install
- Insulation, vapor barrier, gypsum board, taping, sanding, supply and install
- Re-bar supplied by owner
- Washroom partitions / accessories, supply and install

The project consists of a new two storey replica of the Train Station, a Tourist Information room, meeting room and office space. Standard wood frame construction, gable roof structure and ICF concrete on grade foundation, plumbing and electrical.

It is the intention of the owners to maximize their dollars and therefore are tendering all trades separately. All tenders will contain material, labor, overhead, profit and tools as required to do each trades work.

Tender Documents may be obtained by contractors from the Town Office, 4914 - 50th Avenue. Return of the Tender Documents, in good condition within fifteen days (15) of the Tender Close is required.

The lowest or any tender will not necessarily be accepted.

INVITATION TO TENDER - SUBCONTRACTORS NEW

Town of Elk Point / County of St. Paul No. 19 Fire Hall

Subcontractors & suppliers required to work under Project Manager; Sealed tenders marked "Elk Point Fire Hall / County of St. Paul" will be received at the Elk Point Town Office, Elk Point, Alberta up to 2:00 p.m., MDT Friday, April 17, 2009.

Trades and Suppliers required:

- Framing including interior finish, wall and roof, man doors, windows (use own equipment), supply and install
- Electrical, supply and install
- Mechanical, including exhaust extraction system, supply and install
- Painting, supply and install
- Finishing carpentry / millwork, supply and install
- Insulation, vapor barrier, gypsum board, taping, sanding, supply and install
- Concrete piles & grade beams (use own forms), concrete & re-bar supplied by owner
- Concrete floors, sump & trench, concrete & re-bar supplied by owner
- Washroom partitions / accessories and lockers, supply and install
- Folding partition, supply and install
- RTU stands, supply and install
- Overhead doors, supply and install

The project consists of a new 7 bay fire hall c/w second storey consisting of a kitchen / lounge, a training room, meeting room and exercise room. Requiring but not limited to metal cladding on standard wood frame construction, gable roof structure, a concrete grade beam & pile and colored (red) concrete slab on grade foundation, plumbing, electrical and HVAC elements.

It is the intention of the owners to maximize their dollars and therefore are tendering all trades separately. All tenders will contain material, labor, overhead, profit and tools as required to do each trades work.

Tender Documents may be obtained by contractors from the office of U.C.G. Universal Consulting Group Ltd. 780-875-7550, 5119 - 48th Street, Lloydminster, Alberta or in Elk Point at the Town Office, 4914 - 50th Avenue. Return the Tender Documents, in good condition within fifteen days (15) of the Tender close is required. Documents may also be viewed at the Lloydminster and Edmonton Construction Association offices.

The lowest or any tender will not necessarily be accepted.

CLASSIFIED AD RATES

ELK POINT REVIEW Tuesdays - \$7.50 per week + GST

ST. PAUL JOURNAL Tuesdays - \$8.50 per week + GST

BONNYVILLE NOUVELLE Tuesdays - \$10.00 per week + GST

LAKELAND REGIONAL Mondays - \$9.63 per week + GST

COMBINATION OF 4 PAPERS - \$24.00 / WEEK

(20 cents per word per newspaper insert over 20 words)

lakeland marketplace COMBINATION CLASSIFIEDS

Your classified ad can be read in over 10,000 papers. Select your classified readership for as little as \$7.50 / week.

** Bonus: St. Paul Journal Classifieds also featured online at www.spjournal.com

Corrections - The publisher will be responsible for only one insertion as a correction. It is the responsibility of the purchaser of the classified ad to check their ad after the first publication and let us know if there is a mistake before the next insertion is printed. The publisher will not be responsible for errors in classified ads that have been phased.

THE WINNING TEAM



YOU AND THE CLASSIFIEDS GET YOU WHERE YOU WANT TO GO

Place your order at either of our offices:

St. Paul Journal - 645-3342
Elk Point Review - 724-4087

3210. Misc. For Sale

ALL NEW QUEEN orthopedic pillow-top mattress set. New in plastic. Cost \$1,100, sacrifice \$375. King \$650. Can deliver. 780-919-5285.

AMAZING RELIEF the first night! Restless leg syndrome and leg cramps gone. Sleep deeply, safe with medication, proven results guaranteed. www.alicain.com. 1-800-765-8660.

1005. Help Wanted

3210. Misc. For Sale

PUT YOUR CAREER into overdrive! General Mechanic. One year certificate. Heavy Equipment or Automotive Service Technician. Entry-level employment skills. Work placement. Apprenticeship opportunities. Fairview, Alberta Campus (formerly Fairview College). 1-888-999-7882; www.gprc.ab.ca/fairview.

1005. Help Wanted

3210. Misc. For Sale

CATTLE ARTIFICIAL Insemination Seminar. NAIT's Fairview Campus, Fairview, Alberta. Last two weekends in March. Covers proper semen handling, nutritional requirements, hands-on insemination procedures. Also, Certified Livestock Transport Course, March 28, 2009. Manning, Alberta. Maximum 18. Safe, humane handling, transporting, unloading livestock. Call 1-888-999-7882.

COMMERCIAL BUILDING. 7200 sq. ft. Includes 4800 sq. ft. 3 bay shop, 16' X 18' overhead doors, 2400 sq. ft. office, warehouse space. Phone for list of shop, office equipment included. 780-865-2770 days; 780-865-0394 evenings. Asking \$930,000. Hinton, Alberta.

FUTURE STEEL Buildings. Durable, dependable, pre-engineered, all-steel structures. Custom-made to suit your needs and requirements. Factory-direct affordable prices. Call 1-800-686-8553 ext. 170 for free brochure.

H & H TRAILER SALE. Bow Valley Ford, Canmore, Alberta. Discounts to \$4,100. Cargos/flatbeds/car haulers/goose-necks and more! 1-800-403-0084 ext. 257 or alan_way@bowvalleyford.com. Selling fast, don't delay!

METAL SIDING/ROOFING. Best prices! 36" Hi-TenToughrib 29ga. Galvalume \$.69 sq. ft. Colours \$.89 sq. ft. IN STOCK. 25/30 year warranty. ALTA-WIDE Builders Supplies 1-888-263-8254.

NEW SOVA DESIGN queen box and mattress set \$290. MEMORY Foam Mattresses now available. The Bed Spread (780)812-1300, 780-573-2622 message. Bonnyville, AB

3240. Travel/Trade

TIMESHARE FORECLOSURES - Save 60-80% off retail! Best Resorts & Seasons! Throughout Canada, U.S., Caribbean and more! Call for free catalogue today! 1-800-731-8046; www.holidaygroup.com/sc.

3710. Heavy Equipment

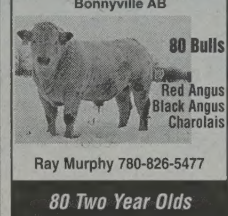
CAT 320 Track Hoe, very good condition with new undercarriage, quick attachment. Cat D5H Ripper, 6-way dozer with new undercarriage. Randy 780-307-5948.

4040. Livestock

ANGLE LAKE RED Angus has registered yearling and two year old Red Angus bulls for sale. Phone 780-645-8461

BLACK ANGUS BULLS and Females for sale. Eagle Valley Angus. Willingdon, AB 780-367-2528, 780-208-8785 www.eaglevalleyangus.ca.

Murphy Livestock
Charolais & Angus
BULL SALE
Sunday, March 29, 2009 1 pm
Western Pride Auction Mart
Bonnyville AB



Ray Murphy 780-826-5477

3210. Misc. For Sale

MATTRESS LIQUIDATORS
Factory Direct Box & Mattress sets
Memory Foam beds
Pillows
Available only at
The Bed Spread
5112 - 54 Avenue (next to Bus Depot) Bonnyville
Saturdays only: 9 a.m. to 6 p.m.
or call Mike (780) 812-1300
for weekday appointments

SAWMILLS FROM only \$3,495.00 - Convert your logs to valuable lumber with your own Norwood portable band sawmill. Log skidders also available. www.norwoodsawmills.ca/400T - Free Information 1-800-566-6899 ext. 400OT.

3240. Travel/Trade

ALL INCLUSIVE PACKAGES. Book online at www.canadatravels.com and save more on your vacations. Use code NCA74327 for discount or call us toll free at 1-800-563-5722.

CLASSIFIED
A-D-V-E-R-T-I-S-I-N-G
an idea that SELLS.

1005. Help Wanted

4540. Farm Equipment

40' BOURGAULT 8800 with 3/4" carbide openers and 4 bar harrows. 3195 Bourgault Tank with rear hitch \$22,000.00. Also 40' Bourgault 4000 Wing Up Packer bar with P30 packers. Ph:780-826-3946.

5003. Real Estate Misc.

NEED CASH? Home loans to 95% LTV. Refinance, pay debt, or you decide. Free appraisals. Apply by phone 1-877-568-0929 or online www.homeloansalberta.com. Alberta Homes Loans.

5110. Houses For Rent

FOR RENT: 3 bedroom suite upstairs \$1150/monthly. And 3 bedroom suite basement \$900/monthly. Whole house also available negotiable price. Downtown St.Paul. Call 780-645-8578 or 780-742-3774.

5145. Wanted to Rent

Pasture Wanted
To run 25-30
Cow / Calf Pairs
780-645-5991

5305. Lots For Sale

BUILD YOUR dream home on one of five 5 acre view lots. Ten kms. west of Medicine Hat, 14 kms. to Rattlesnake Lake. Services to property line. 403-528-7303; 780-868-4392.

5500. Recreational Property

100 MILE HOUSE, Horseshoe Lakefront 5.11 acres, 3000 sq. ft. log house, 3 bedrooms, 2.5 baths, 640 ft. lakeshore flat lot. Beautiful view, minutes from town. \$689,000. 250-395-0295; jnequimond@bcenternet.net.

5600. Commercial

INDUSTRIAL COMMERCIAL new building for rent. 60 X 100 with six bay doors across from Lac La Biche Building Products. Dennis 403-896-0257; Brian 780-623-4700 or 780-623-0470.

5800. Manuf. Homes - Sale

16' AND 20' WIDE HOMES. Lakehouses, park models, offices, 2 storey and bungalows. 2 RTM homes now. Best Buy Homes. Red Deer 1-877-396-5564; Airdrie 1-877-275-5555.

COMING SOON! The next generation of modular homes.

Site built features in a factory built home for a factory built price. Sunshine Homes 1-877-887-2254.

NEW BLIZZARD of Bargains. Inventory Clearance Sale. Save thousands 16, 18, 20 wide. A-1 Homes, 1-866-907-0503.

1005. Help Wanted

5800. Manuf. Homes - Sale

NEW YEAR, new plans, old prices! Clearing out showhomes and used stock. Order custom homes now for spring delivery. Service built into every sale. Call Pleasant Homes in Morinville 780-939-3584 or 1-866-962-0238.

PROVINCE-WIDE classifieds. Reach over 1 million readers weekly. Only \$259. + GST (based on 25 words or less). Call this newspaper NOW for details.

7245. Misc. Services

A CRIMINAL RECORD? Have trouble getting a job or travelling to the U.S.? We'll clear your name. Better Business Bureau Certified. Pardon's/Waivers. Toll free 1-800-507-8043; www.pardongranted.ca.

CALL 724-4087 TO ADVERTISE

5800. Manuf. Homes - Sale

FOR SALE
Newly Renovated: 1979 12' x 60' Atco House Trailer
(rig shack type)
Two bedrooms, on skids to be moved.
Asking: \$28,000.00
Call: Dennis #403-896-0257
or Don #403-550-2777
Office: 403-358-3332

USED - MUST SEE. 16 X 74, 3 bedroom, 2 bath, laminate and tile floors throughout. Dual flush toilets. China cabinet. Free delivery within 200 miles. \$62,900. No GST. Call A-1 Homes, 1-866-907-0503.

WINALTA HOMES from \$109,900. Ask about our Rent To Own program. Contact Winalta Homes for more information. 1-866-960-2112 or visit us at www.winaltainc.com.

6100. Cars

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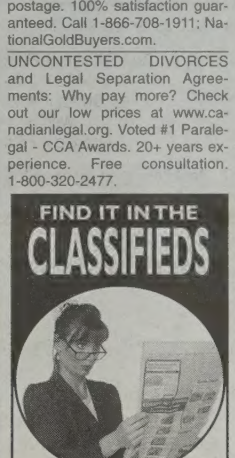
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Offers will be received until noon, Friday, March 20, 2009 and are to be forwarded to Doug Fedoruk at the above address.

LARA offers 2008 research results

By JANICE HUSER

Review Contributor

A good showing of farmers from the Bonnyville, St. Paul and Lac La Biche areas made the drive out to the Boscombe Community Centre last Thursday to hear what Lakeland Agricultural Research Association members had to say about the past year.

Along with its Annual General Meeting on Feb. 26, LARA also offered producers information gathered during the past year

through trials held at its various sites.

First, Meghan Ford, the Forage and Livestock Agronomist for LARA, presented her research findings to those in attendance.

"Most of the trials we replicate four times," explained Ford. LARA uses a randomized plot design and also records weather data throughout the growing season. Ford's annual forage trials were her biggest project of the year.

"Fort Kent was our best yield by far this year," said Ford, adding, better weather

couldn't have been asked for in Fort Kent. Fourteen different varieties of forage barley were grown in 2008 at the Fort Kent, St. Paul, and Lac La Biche sites.

Overall, "the barley was all really good quality this year," said Ford, adding, the Cowboy variety was the highest yielding barley. But although it stood four to six inches taller than the other varieties, it wasn't necessarily better than other varieties, such as Stockford, Xena, and Ponoka.

Sundre barley was a really good forage barley, explained Ford, adding, "It will be really fun to watch" in future years since this was the first year it was made available.

As for the oats, Fort Kent once again had the highest yield, primarily due to weather. "Fort Kent just had really good moisture this year," said Ford. The Murphy variety beat out the other varieties as far as yield, but Everleaf also proved to be a good variety to grow.

Four varieties of forage triticale were grown in 2008, with Pronghorn achieving the highest yield. All four varieties had similar high yields, but the quality of the forage was certainly lower, said Ford.

Fenugreek was also grown, and "it did really well," although it was a little low when it came to energy. In the future she is going to mix it with a cereal and see what the result is.

"I was impressed with the corn this year," said Ford. But, "the millet was disastrous this year" for LARA. Ford offered information on a variety of other forage crops, and then explained research taking place in bale grazing, swath grazing and stockpiled forage trials.

Following Ford's presentation, Keith Kornelsen, Crop Program Specialist with LARA, spoke to producers. Last season was Kornelsen's second summer with LARA.

He began by speaking about the barley. "Just because something does good over here, doesn't mean it'll do good over there," said Kornelsen. He explained that the suc-

cess of the two-row barley trials was dependant on the area where it was grown.

He added that overall, new barley varieties did very well in 2008.

As for canola, the top variety as far as yield was the 5020 variety, but once again, Kornelsen stated that there has been "lots of movement of the new varieties."

Field pea trials were also discussed, and once again the area in which the trials were grown played a big part in the trials' success. Overall, Thunderbird looked the best throughout the season, but results varied between the site in St. Paul and the site in Fort Kent.

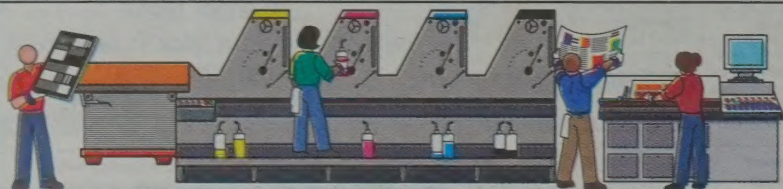
New varieties of oats fared well in 2008 also and triticale was noted to have taken about two weeks longer to mature than the oats. Triticale can be used to access the ethanol market and is a good crop to break disease, said Kornelsen.

Wheat was also discussed and in Fort Kent the newer varieties performed very well. Speciality crops grown by LARA were winter wheat and winter peas, but neither crop found much success.

Kornelsen also spoke in passing about reduced and conventional tillage and mentioned some of the trials currently taking place. Pest surveys were also done, and "this year, there were no big counts," he said happily. Promoting different ways to deal with pests was also mentioned.

After supper, a presentation by a Rahr Malting representative took place, discussing the standards producers must meet for barley to be considered for malting. Malt prices are higher than feed barley prices, but only a select group of barley varieties are used for malt, and many strict guidelines are in place.

LARA Chairman, and local farmer, Don Shepert also offered a few words to those in attendance. "We are here to provide producers with relevant information and this is the right direction," said Shepert in the annual report.



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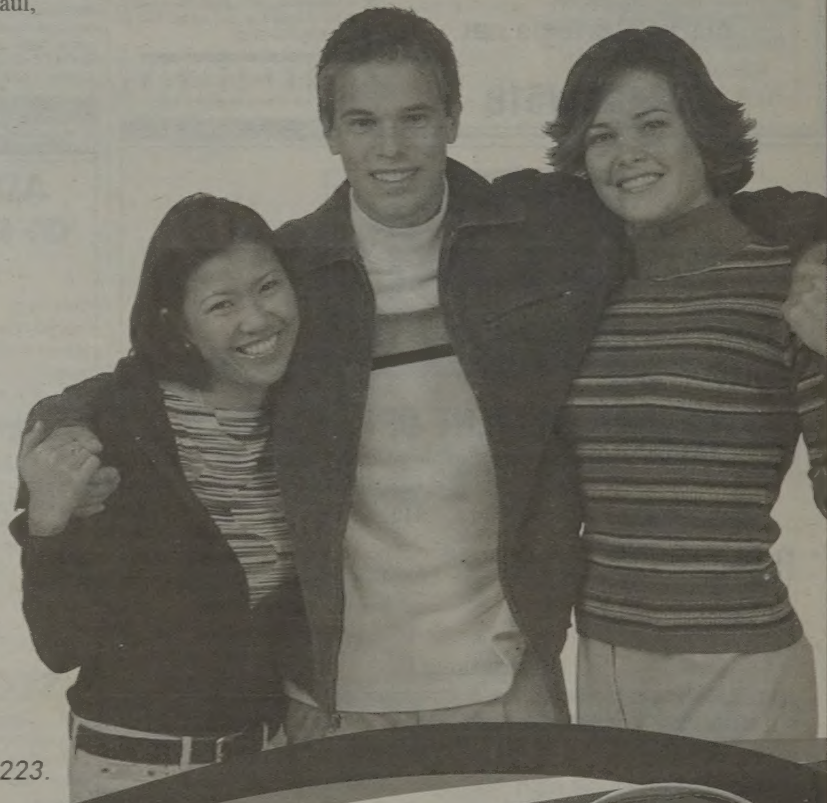
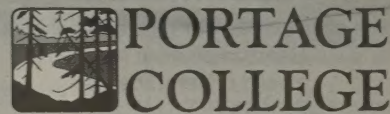
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